

# Long-Term Services and Supports State Scorecard

## 2020 Edition

September 24, 2020

# ADVANCING ACTION

A State Scorecard on Long-Term Services and Supports for Older Adults, People with Physical Disabilities, and Family Caregivers



AARP Public Policy Institute

[longtermscorecard.org](https://longtermscorecard.org)

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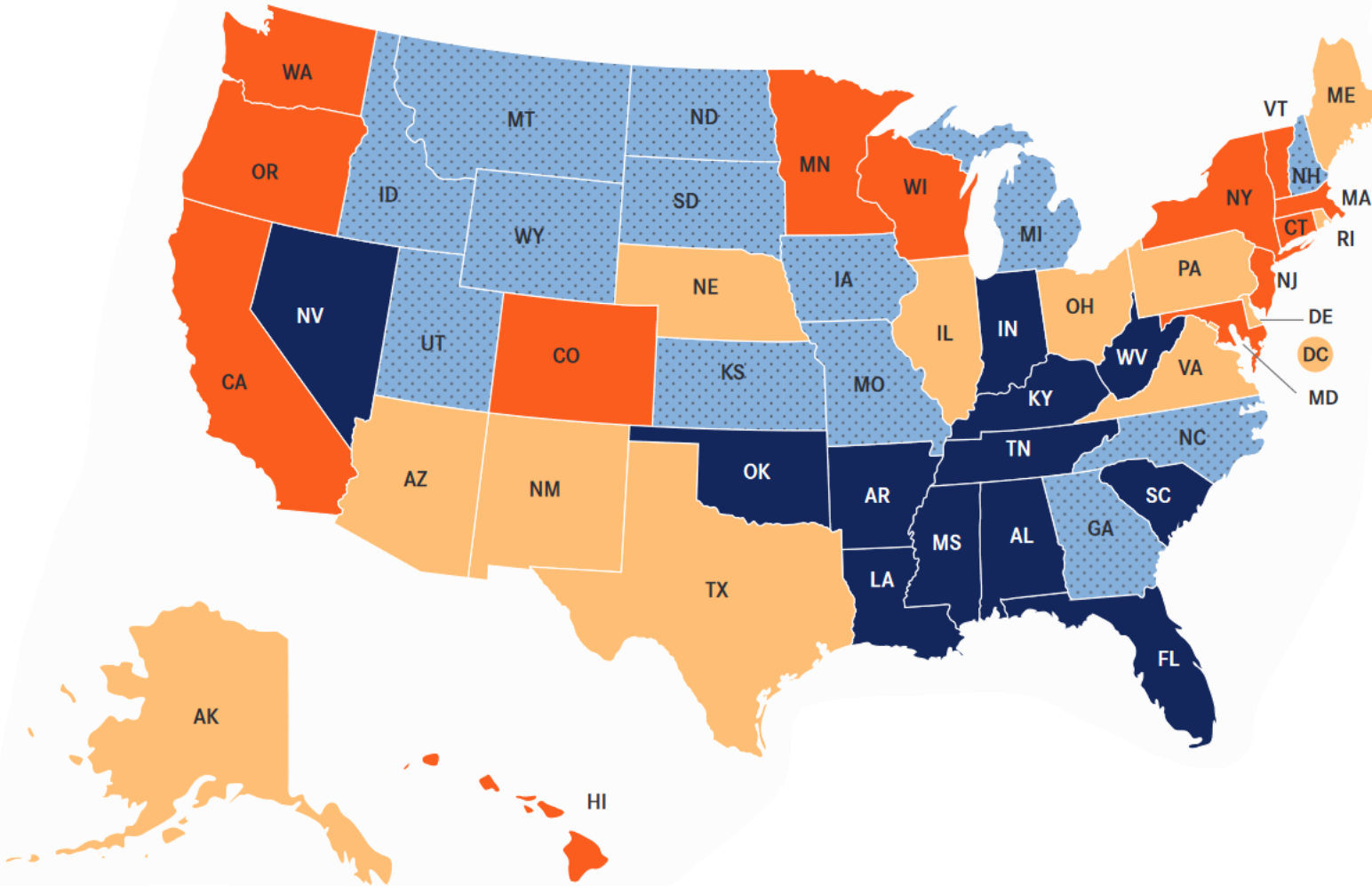
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## EXHIBIT 2

### 2020 State Scorecard Summary of LTSS System Performance Across Dimensions—National Heat Map of All States and the District of Columbia



# Overall LTSS system rankings by quartile

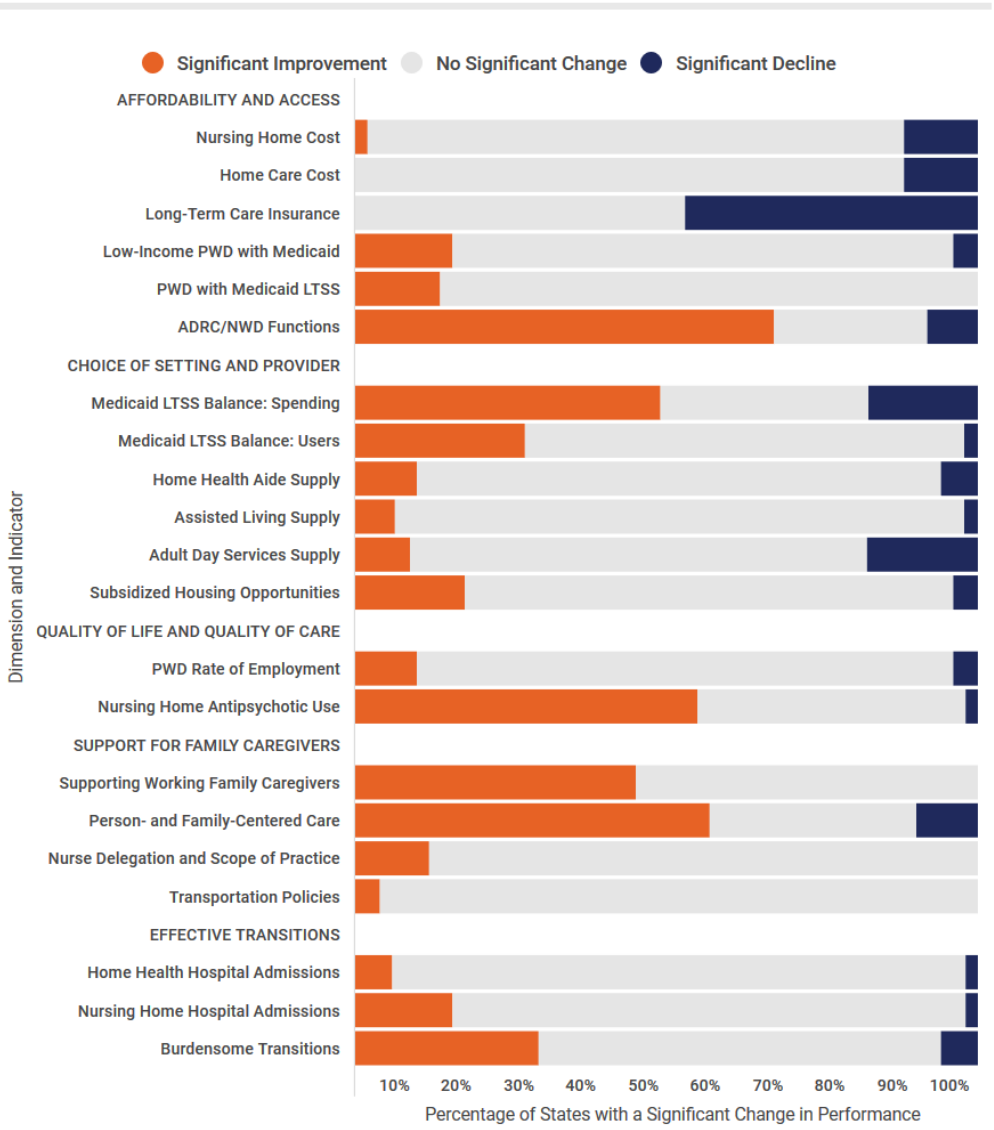
## Overall LTSS Ranking

- Top Quartile
- Second Quartile
- Third Quartile
- Bottom Quartile

Note: Rankings are not entirely comparable to previous *Scorecard* rankings. Changes in rank may not reflect changes in performance. Measures may be different and improved performance can result in a lower rank if other states experienced greater improvement.

Source: Long-Term Services and Supports State Scorecard, 2020.

Change in State Performance by Indicator: Percentage of States



Status quo dominates, but some indicators saw significant improvement.

Explore the data!  
Interactive exhibit available (link in chat) at:  
[www.longtermcorecard.org](http://www.longtermcorecard.org)

# State spending is becoming more aligned with consumer preference

- **Half the states improved their spending to HCBS** that promote independent living in the community.
- A quarter of states spend the majority on HCBS.
- However, improvement is not uniform nationwide. In fact, 9 states became less balanced.

# HCBS

Home & Community Based Services

# All states have room for improvement

Even the highest performing states have room for improvement. Many states consistently do well over multiple Scorecard indicators, but ALL states still have work to be done. Conversely, even states that rank lower overall, have at least a few areas of strengthen to build on.

# All states have room for improvement

While high performance can sometimes imply high costs—that is not necessarily the case. Highest performing states does not necessarily mean they spend the most money. Effectively leveraging the public and private sectors can mean more efficiency and affordability.



# All states have room for improvement

Ideally, all states would have high-performing LTSS systems in which older adults and people with disabilities:

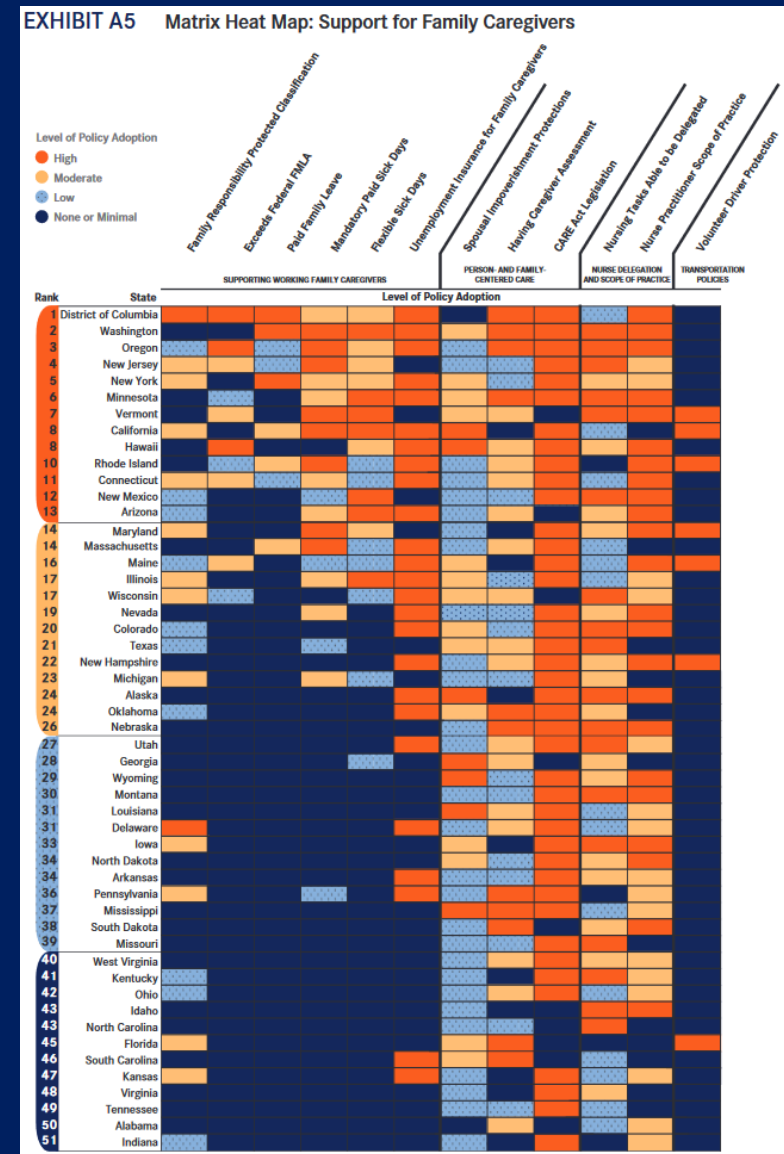
- ✓ Can easily find and afford needed services
- ✓ Have choices in both services and providers
- ✓ Have access to quality care to help maintain their quality of life
- ✓ Avoid unnecessary hospitalization and nursing home stays
- ✓ Receive help from family caregivers, whose needs are addressed and supported.

# Support for Family Caregivers

- More than 1/3 of states have state or local laws mandating paid sick days for family caregivers
- States and localities are offering employees more flexibility to use accrued sick time for family caregiving responsibilities
- Nine additional states have enacted the CARE Act since 2016, bringing the total to 41 states

**Explore the data!**

Exhibit A5 can be found in the report Appendices on page 47



# The CARE Act

Specific provisions of the Caregiver Advise, Record, Enable (CARE) Act vary by state, but generally require hospitals to do the following:

- ADVISE all patients of their opportunity to identify a family caregiver.
- RECORD the family caregiver's name and contact information in the health record with the patient's permission.
- ENABLE family caregivers by providing as much notice as possible about the discharge timing, consult with them on the discharge plan, discuss with them the family caregiver's role in carrying out the discharge plan, and instruct them on any medical or nursing tasks family caregivers will handle at home.

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